

What Matters Most?

*A Men's Leadership resource on creating
Change from Dwight Bain*



*"I have told you these things, so that in me you may have
peace. In this world you will have trouble.
But take heart! I have overcome the world."
– Jesus, (John 16:33)*

"Failure is not fatal, but failure to change might be." - John Wooden

New Year's Resolutions D_____ work

"Most people blame their failure to fulfill resolutions on a lack of time, resources, or motivation, or a loss of zeal after starting. Only 16% of people follow their resolutions" - EconomicTimes.com

Everything has an E_____ date

"The biggest mistake we make in our lives is thinking we have time." - Kobe

Purpose involves P_____ (of regret, or of self-discipline)

"Two words separate successful people from everyone else. It's not about time management it's about self-management." - Warren Buffet

Want Success? Pick your H_____

"They always say time changes things, but you actually have to change them yourself." - Andy Warhol

Hindsight is 20/20 and so is F_____ when you know what to look for

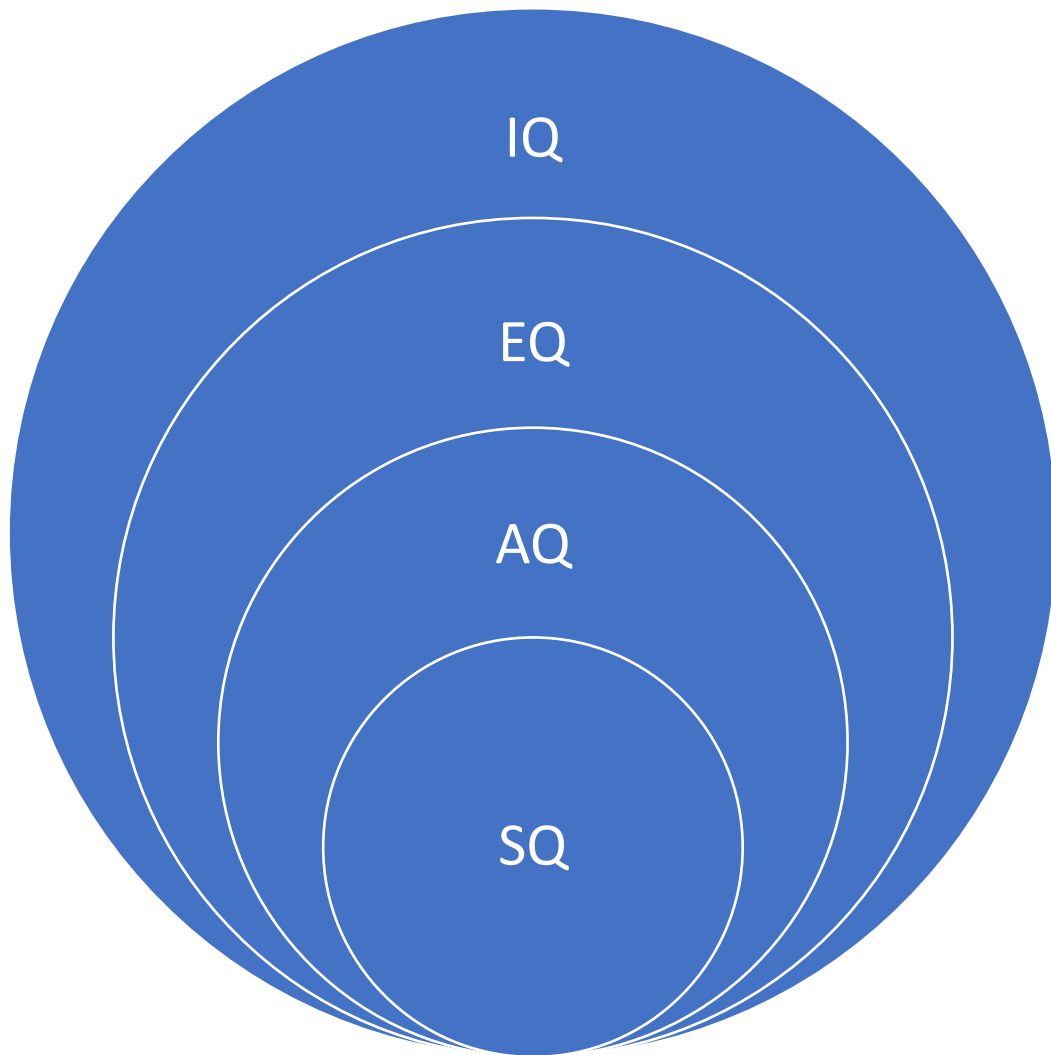
"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." - Jeremiah 29:11

Why don't Men change to live a life of purpose?
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They don't take time to ask defining questions to uncover the G_____

"Organizations Evolve in the direction of their most frequently asked questions. Conversations often go in the direction of the most profound questions and people often grow toward the questions they are asked." - Mike Morrison, Dean, University of Toyota

- *What's right in my life?*
- *What's wrong in my life?*
- *What's missing from my life?*
- *What's confusing about my life?*
- **WMM?** _____



IQ –

Learning, books, seminars, podcasts, webinar

“The measure of intelligence is the ability to change”. -Albert Einstein

EQ –

Self-aware, empathy, emotional control, self-control

“Emotional self-control-- delaying gratification and stifling impulsiveness-- underlies accomplishment of every sort” - Daniel Goleman, (Emotional Intelligence matters more than IQ for career success)

AQ –

Adaptable, flexible, resilient, self-disciplines change well

"Fast doesn't last. Daily disciplines are the key to lasting change."

SQ –

Spiritual, character growth, kind, patient, peaceful, respectful, accepting of others, having self-control, loving, gentle, basically like Jesus

“Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.” -John 15:4

Answer Key –

Don't, Expiration, Pain, Hard, Foresight, Gaps, What Matters Most?